

## **PE and Sports at William Booth Primary School**

### **End of Year Overview: 2015-16**

***At William Booth we are very proud of the quality and quantity of opportunities that we offer our pupils to get involved in Physical Education, competitive sports and fun and inclusive physical activities. As a school we have increased the quality of our PE and Sport provision in several ways...***

#### **A Culture of Enjoyment and Achievement through Participation in PE and Sports**

William Booth is a school which promotes the importance of physical education and leading a healthy lifestyle. Children have a love of sports and physical activity and enjoy taking part with friends and developing their skills. This ethos is further reinforced by staff delivering and participating in PE lessons, after-school clubs and sporting events outside of school, role-modelling positive sporting values throughout.

The school has achieved certified status from the Healthy School's initiative and the Silver School Games Kitemark. We also celebrate individual achievements with our Netballer, Footballer, Cricketer and Sports Personality of the Year awards at the end of year Celebration Evening, with winners receiving personalised trophies and having their photos displayed on the Wall of Fame. Finally the whole school took part in our Sports Relief ten minute challenge where pupils had ten minutes to see how many laps of the playground they could run. The whole school managed to run the equivalent of 7 marathons together as they raised money for charity.

#### **A Specialist Sports Coach**

At William Booth we have secured the services of specialist Sports Coach Adam McGrory, who works at the school one and a half days every week. Adam has over ten years' experience in teaching PE in Primary schools and outside of school he is a National League basketball coach, coaching all ages from 5-18 years old. He leads a weekly PE session with every year group in school and contributes to our after-school and lunch time sports clubs. Adam also supports teaching staff to develop their skills and confidence, by drawing upon his expertise and experience.

Adam has built really positive relationships with our pupils and staff and his enthusiasm is infectious:

*'In my third year at William Booth it's been great to see our focus on fundamental movements starting to pay off with our younger pupils. It has also been great to see the increase in participation at our after school clubs with more pupils enjoying their sport and wanting to do as much exercise as possible. It's a joy each week to see the fantastic levels of competition and sportsmanship displayed at William Booth'.*

To ensure that Adam and everybody at William Booth continue to develop and refine their delivery, CPD opportunities are provided and key learning points are cascaded to staff where appropriate. In 2015-16 Adam and other relevant staff accessed several additional training days:

- The Primary Schools Teacher Tennis Course through the LTA
- The FA Primary Teachers Award through The FA
- Sainsbury's Active Kid's 4 All – Inclusive PE Training through Sports Nottinghamshire

As well as raising standards in PE, and helping all children to fulfil their potential in a range of different sports, Adam places a strong emphasis on using sport as a way to develop other aspects of a child's development. With Rio 2016 helping to inspire our pupils, the Olympic values of Respect, Excellence and Friendship and the Paralympic values of Determination, Courage, Equality and Inspiration, have again been a focus. Through sports children have made real improvements in their resilience, team work, behaviour, leadership and communication skills.

### **Improved Resources**

After investing wisely to ensure that the school makes the most of the PE and Sports Premium grant and the skills of Adam McGrory, the school now has the resources to deliver coaching in a wide range of sports: football, cricket, athletics, tennis, basketball, hockey, netball, touch rugby, softball and rounders. We also make sure that we have the apparatus we need for our children to enjoy gymnastics lessons in the school hall as well as enough eggs and spoons for our annual Sports Day!

### **Improved PE Lessons**

The school has stuck to its commitment from two years ago to double the amount of PE lessons to 2 hours a week for every class. As well as the lessons delivered on Mondays and Fridays with Mr McGrory, children have an additional weekly lesson with their Class Teacher. Through the CPD opportunities provided over the last three years, school staff's

knowledge and expertise in teaching PE continues to improve and everybody is feeling the benefits of this collaborative working environment.

In Key Stage 1 the focus remains developing fundamental movements, exploring different skills through a mixture of fun games and drills. This provides the foundations to build on in Key Stage 2, where the focus shifts to sporting skills and competitions.

Detailed lesson plans support children to develop their skills and continue to make improvements, allowing for different ability levels but ensuring that each child fulfils their potential. Progress is also monitored through assessments carried out at the start and the end of each half-term and scores in the Pentathlon events throughout Key Stage 2.

In the long-term, a whole-school vision guarantees progression across year groups so that by Year 6 there is a legacy of sporting achievement which children can take with them to secondary school and beyond.

### **After-School Clubs and wider opportunities**

The school has a strong tradition of after-school sports that goes back several years and we continue to be able to offer an amazing selection of clubs to all of our pupils. Each week there are at least five after-school clubs taking place, ensuring that every child in Key Stage 2 can go to at least one sports club a week throughout the whole year. At regular intervals a list of children not currently accessing any of these clubs is shared with staff, to address any barriers and maximise participation levels.

The main school sports are netball with Mrs King and Mrs Cowell, and football and cricket with Mr James – over 75% of children in Key Stage 2 play at least one of these sports regularly after-school and many of them will turn out for the school teams in competitive matches and competitions.

Alongside the three core sports of football, netball and cricket, school staff have also run clubs for athletics, dodgeball, basketball and dance-fit, as well as a Change4Life club called Super-Heroes to promote healthy lifestyles in Key Stage 2.

On top of this the school has also widened the opportunities for younger pupils by rolling out specific clubs for children in Years 1 and 2 and inviting children identified as talented and gifted to join clubs with older peers.

Finally, external providers and relationships with partner schools have been used to enhance the school's provision:

- In partnership with Notts County and The Football League Trust, Year 5 pupils benefitted from the Move & Learn program, designed to encourage physical activity,

promote nutritional education and build awareness of the importance of a healthy diet and active lifestyle.

- Year 5 also went to Trent Bridge to work with Team Nottingham, getting involved with sports alongside Olympian Jonathan Eley and Prince Harry!
- Jo from EPIC delivered Funky Football to Year 6 girls, as part of a project designed to ensure participation in sports is continued into secondary school.
- The school also worked with EPIC to deliver after-school sports clubs aimed at promoting participation in local sports teams.
- Four pupils were taken to a Notts County match where they took penalties on the pitch at half-time.
- Nick Robb from Nottingham City Sports again brought the Infant Sports Stars Challenge to William Booth.

Altogether, over 100 different children will have accessed some of the 200 plus hours of after-school sports and physical activity clubs being put on at William Booth.

## **Competitive Sports**

Competitive sport is seen as an integral part of school life at William Booth and children are always eager to represent their school in matches and competitions. Over the last few years the school has enjoyed some real successes with the cricket team earning the right to play on the pitch at Trent Bridge during the interval at an England v Pakistan test match, and two of the school's pupils being recruited by the academies at Nottingham Forest and Notts County. Alongside this a real effort is made to open up competitive sports to new groups, ensuring that more girls and children with Special Educational Needs take part than ever before. Some of the highlights of 2015/16 include:

In cricket:

- The mixed Year 6 team finished second in their round of the Mick Yard Indoor Cricket Trophy at Trent Bridge.
- The girls team entering the Nottingham Girls 6 a-side Cricket Cup.
- The mixed team taking part in the Teftex 6 a-side Competition.

In netball:

- The netball team qualifying for the City finals of the High-5-netball competition for the first time.
- The netball team taking part in 15 matches across three different half-day netball competitions organised by Nottingham City Sport.

In football:

- The mixed Year 6 football team played 5 fixtures in the local inter-school 7-side league.
- The school has played 4 friendlies against local schools for mixed Year 6, Girls Years 5/6 and mixed Years 3/4.
- Coming third in their division at the Football Carnival for mixed Year 5/6 teams.
- William Booth are working alongside other local primary schools to run a new football competition for next year, with two rounds of league fixtures, followed by a celebration event and cup in June.

And alongside all of this:

- Nottingham City Sports worked with some of our older pupils to deliver the Infant Sports Stars challenge in preparation for the Olympics in 2016.
- 8 children took part in an inter-schools Boccia tournament and qualified for the city finals.
- Every child from Reception age upwards took part in at least two events at the annual Sports Day.
- Parents, carers and staff got in on the act, attending after-school sports matches alongside the children as part of the parent/carer drop-in week.
- A group of Year 5 girls performed routines from their dance club at several whole-school events.